

# 1<sup>st</sup> Holy Family Knights of Columbus

## 5K Charity Road Race/Walk

Saturday Sept. 18, 2010 at 10:00 AM

**Start/Finish:** Holy Family Parish Center, 438 Middleboro Ave. East Taunton, MA 02718

Directions: From Route 24 North or South take exit 12 South (Route 140) then take next exit (Stevens St) for 1 mile and take a right onto Pine Hill St. (before cemetery) continue for short distance to stop sign. Continue straight (becomes Middleboro Ave.) for 1/2 mile, then turn left into parking lot.

**Course:** 3.1 mile (5k) residential course. USATF sanctioned & accurately measure by Ray Nelson.

**Entry Fee:** \$17.00 Pre-registration until Sept. 13<sup>th</sup> Do not mail in after Sept 13<sup>th</sup>.  
On line at [www.strands.com/events](http://www.strands.com/events)  
\$20.00 race day. Registration begins at 8:30am. Race starts 10:00am sharp

**T-Shirts:** T-shirts to first 125 pre-registered runners/walkers. **Walkers are welcome**

**Mail to:** Check payable to: Knights of Columbus c/o Dave LeClair, 65 Woodlawn St. East Taunton, MA 02718

**Awards:** Medals to top 3 in each division, Male & Female  
Divisions: 0-13, 14-18, 19-29, 30-39, 40-49, 50-59, 60-69, 70-up  
Special 1<sup>st</sup> Place Award to 1<sup>st</sup> member of the Knights of Columbus to cross the finish line

**Race Info:** Dave LeClair 781-413-5729 or [koc11510@gmail.com](mailto:koc11510@gmail.com)

**Raffle & Food:** Following the race in the Holy Family Parish Center Hall.

**Facilities:** Bathrooms and changing areas are available – NO SHOWERS

**Results:** By Organization Plus Road Race Management Services. [www.oplusracemanagement.com](http://www.oplusracemanagement.com)

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Name \_\_\_\_\_ Age (on 9/18) \_\_\_\_\_ Sex M F

Address \_\_\_\_\_ Telephone \_\_\_\_\_

City/Town \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ E-mail \_\_\_\_\_

Member of Knight of Columbus Y N Council # \_\_\_\_\_ Shirt Size S M L XL (not guaranteed)

In consideration of the acceptance of this entry to the "Holy Family Knights of Columbus 5K Charity Road Race" I assume all risks associated with participation in this event, including but not limited to falls, effects of the weather, traffic and the conditions of the road. Having read this waiver and knowing these facts and in consideration of accepting my entry, all race officials, volunteers and sponsors, their representatives and successors, the City of Taunton, the Knights of Columbus and Holy Family Parish are hereby and forever released from any and all claims or liabilities of any kind arising out of my participation in this event. I further state that I am in proper physical condition to compete in this race.

\_\_\_\_\_  
Signature of Runner

\_\_\_\_\_  
Under 18 – Signature of Parent