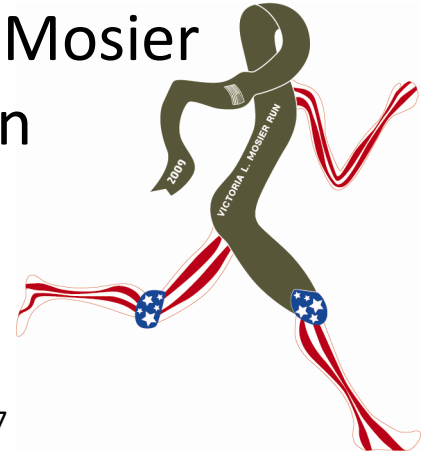




# Second Annual Victoria L. Mosier 5 Mile Memorial Run

To benefit Homes for Our Troops



- RACE:** Second Annual Victoria L. Mosier Memorial 5 Mile Run
- DATE:** Sunday, November 7, 2010 @ 10:00 AM
- PLACE:** American Legion Hall, 291 Mill Street, Raynham, MA 02767
- COST:** 5 Mile Run: \$18.00 on line at [www.homesforourtroops.org/vlm](http://www.homesforourtroops.org/vlm) or by mail, rec'd by Nov. 2nd; Online registration at [www.strands.com](http://www.strands.com) closes Thursday, November 4, 2010; Day of race registration: \$20. Make check payable to: "Homes for Our Troops"
- COURSE:** Start/Finish at the American Legion Hall on Mill St., Raynham, MA. A flat and fast 5 mile residential course. Water at 3.1 and at finish. Splits every mile.
- AWARDS:** Cash to the top three male & female finishers (\$100, \$75, \$50). Awards to the top three in each age division: 18 & under, 19-29, 30-39, 40-49, 50-59, 60-69, 70 & over.
- DIRECTIONS:**
- From Boston** – Rt. 24 South to exit 15 (Rt. 104), bear right, 2.6 miles. At light, go straight onto Mill Street. American Legion is 1 mile on the right.
  - From Cape Cod** – Rt. 495 North to Rt. 24 North (toward Boston) to Exit 15 (Rt. 104) left off exit, 2.6 miles. At light, go straight to Mill Street. American Legion is 1 mi. on the right.
  - From Worcester** – Rt. 495 South to Exit 8 (Rt. 138), bear right, go 1.2 miles, take left after Milk Bottle Restaurant onto Center St. Take right at Tedeschi Market, Legion is 1 mi. on right.
  - From Providence** – Rt. 44 East to Taunton Center. Follow Rt. 44 East toward Raynham. Take left onto Rt. 104 for Raynham/Bridgewater at Pub 99. At 4-way stop, take left onto North Main St. Go straight for 1.1 mi. Take left at Tedeschi Market onto Mill Street. American Legion 1 mi. on right.

*For your safety and the safety of others, USA Track & Field Association (USATF) prohibits the use of Baby Joggers, Strollers, Pets, or Headsets in road races. Athletes who do not comply subject themselves to disqualification.*  
For more information, contact \_\_Dianne Travers at [dtravers@homesforourtroops.org](mailto:dtravers@homesforourtroops.org)

**Timing and Scoring by +ORGANIZATION PLUS+ Road Race Management Services.**



## Registration Form

**Mail \$18 check and entry form to: Homes for Our Troops, VLM Memorial Run, 6 Main Street, Taunton, MA 02780**

Name: \_\_\_\_\_ Age \_\_\_\_\_ Sex \_\_\_\_\_

Address: \_\_\_\_\_ Phone \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code: \_\_\_\_\_

Email address: \_\_\_\_\_

**Waiver:** In consideration of the acceptance of this entry in the Victoria L. Mosier Memorial 5 Mile Race, I waive all claims to myself, my heirs and estate against all officials, organizers, sponsors, the Town of Raynham, The American Legion Hall, and the Knights of Columbus for any injury or illness, which may result from my participation in this race. I also state I am in proper physical condition to compete in this race. No one may enter this race without signing this waiver.

Signature \_\_\_\_\_ Date \_\_\_\_\_