



Perspectives Memorial 5k Road Race

&

Ocean State Senior Olympics 5k National Qualifier Sunday, September 12, 2010, 10 a.m. Warwick, RI

Where: Goddard Memorial State Park-Picnic Shelter (by beach), Ives Road, Warwick, RI

Course: Certified 5k loop through scenic Goddard Park starting and finishing at the beach.

5k Entry fees: \$10 for Perspectives Corporation employees (must be a mail in/or drop off @ main office)
\$18 on line at www.strands.com/events (no extra fee)
\$19 mail in (post-marked by Sept. 6th)
\$20 day of race **Make check payable to: Perspectives Corporation**

1 Mile Walk: \$2 drop off at Perspectives main office by Sept.6

Refreshments: Water stations on the course and at the finish. Refreshments & Raffle following the race.

T-shirts: Commemorative long sleeved t-shirts to all entrants

Awards: Cash prize of \$100.00 to top male & female finishers overall. Awards to 1st, 2nd & 3rd place men & women finishers in each age group (19 & under, 20-29, 30-39, 40-49, 50-59, 60-69, 70+).
Ocean State Senior Olympics 5k- awards in 5 year age groups (50-54, 55-59, etc-to 90+)

Directions: **From the north** - Take I-95 South to Exit 9 - Rte. 4 South. Take first Exit 8 to East Greenwich. Right turn onto Division St. (Rte. 401) at fork in road bear right onto First Ave. travel to Rte.1. Take right onto Rte 1 South to Main St. travel 1/2 mile to sign "Goddard Memorial Park". Take left at signal. Follow the signs to the park.

From the south - Take I-95 North to Exit #8A onto Rte. 2 South. At first signal, take left onto Division St. (Rte. 401) at fork in road bear right onto First Ave.travel to Rte.1 (follow directions for "from North").

From Rt. 4-Take Exit 8A onto Division St. (Rte 401) at fork in road bear right onto First Ave. travel to Rte.1. Take right onto Rte 1 South to Main St. travel 1/2 mile to sign "Goddard Memorial Park". Take left at signal. Follow the signs to the park. **For Race follow signs to Carousel, Race is across the way at the Park Picnic Shelter.**

No dogs, strollers, rollerblades or baby joggers.

Timing and scoring by +ORGANIZATION PLUS+ Road Race Management Services

For further information, contact Nancy Lewis-Oliver at (401) 294-3990 ext 37 or nlewis-oliver@perspectivescorporation.com



REGISTRATION FORM

Mail to: Perspectives Corporation/Memorial Road Race, 1130 Ten Rod Road, Ste. B-101, North Kingstown, RI 02852

Name _____ Age _____ Sex _____

Address _____ Phone _____

City _____ State _____ Zip _____

E-mail _____ **Circle: 5k Open or 5k Senior Olympics or 1 Mile fun walk**

Waiver: I know that running is a potentially hazardous activity. I should not enter or run this event unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this race including, but not limited to, falls, contact with other participants, the effects of weather, including high heat and/or humidity, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your acceptance of my application, I, for myself and anyone entitled to act on my behalf, waive and release the event, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence of carelessness on the part of the persons named in this waiver. All fees are non-refundable.

Signature _____ Date _____

Signature of Parent or Guardian if under 18

Race is a benefit to raise money for a memorial burial fund for people who Perspectives has served and have passed away.