

St. Mary's Primary School 5K Road Race

Come join us to walk, run or just have fun...

at **St. Mary's Primary School 12th Annual 5K Road Race!**



SUNDAY, OCTOBER 3, 2010 10:00 A.M.

ST. MARY'S PRIMARY SCHOOL
106 Washington Street, Taunton, MA
(508) 822-9480

Registration is 8:00 a.m. to 9:30 a.m. at Saint Mary's Primary School. All runners and walkers must be registered by 9:30 a.m. in order to participate. The race will follow our own Certified USATF course, formerly the James Lamb Memorial Scholarship Road Race course. Awards will be given at the conclusion of the race.

Trophies and ribbons will be awarded to the top three male and female finishers in each division:

- Age 14 & under
- Age 15 – 19
- Age 20 – 29
- Age 30 – 39
- Age 40 – 49
- Age 50 – 59
- Age 60 – 69
- Age 70 & over

Entry fee:

- **\$18 on line** (no extra fee)
At www.strands.com
- **\$20 mail in** entry by Sept 21st
- **\$22** after Sept. 21st and on race day
- **\$7** for 1-mile walk **for children up to the age of 11** (includes a T-shirt)

T-shirts to the first 100 paid runners

Please send check and entry to:

St. Mary's Primary School
C/o 5K Road Race
106 Washington Street
Taunton, MA 02780
(508) 822-9480

Directions: From **Route 495** Exit 9 (Bay St.) towards Taunton until it becomes Broadway (Rt. 138). Continue .4 miles to Washington St. and turn right. The school is on your right.
From **Route 44 West** to Taunton Town Common, take Route 138 North. It's a short distance to Washington St. where St. Mary's School is on the left.

(Detach and mail with check payable to "St. Mary's School", 106 Washington Street, Taunton, MA 02780)

St. Mary's Primary School 5k Road Race

Name _____ Age _____ Sex _____

Address _____ Telephone () _____

City _____ State _____ Zip _____

_____ 5k Run _____ 5k Fitness Walk _____ 1 Mile Children's Walk (**11 & under**)

In consideration of this entry being accepted, I hereby for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages against St. Mary's Primary School, their agents, representatives and assignees, for any and all injuries that may result from my participation in this event. I certify that I am in proper physical condition to compete in this race. I grant full permission to all of the forgoing to use my photographs, video tapes, motion pictures, recordings or other records of this event for any legitimate purpose.

Signature _____
(signature of parent or guardian if under 18)

Date _____